

Hartford Heartline

Volume XXXVI - Issue 5- May, 2013

The Mended Hearts, Inc. Chartered 1977 - Greater Hartford - Chapter 9

“It’s Great to be Alive - and to help Others”

About Mended Hearts

Mended Hearts is a national non-profit organization made up of and serving people with heart disease and their loved ones. Mended Hearts welcomes anyone who is interested in learning more about heart disease.

Supported by a national office, 280 local chapters actively serve across the United States and Canada. The network is made up of heart patients, family members, caregivers and health care professionals who provide information and support to recovering patients and their families during hospital visits, by telephone, through group meetings and via the Internet.

UPCOMING MEETINGS & EVENTS

Mended Hearts Chapter 9 will be excited to see all of you at our upcoming meetings. Both patients and caregivers, and interested parties are welcome to attend, FREE, with no commitment to join our organization. We have interesting speakers and refreshments.

Please join us for the following upcoming meetings at:

**South Congregational Church
277 Main Street, Hartford, CT**

(Corner of Buckingham Street - with Attended
Parking on West side of church.)

All are welcome to attend!!

OFFICERS - 2013-2015

President:

John A. Dunn

15 Strawberry Hill
Windsor, CT 06095
860-688-5489

Email: jjhmdunn@msn.com

Vice-President:

Priscilla Soucy

98 Highview Street
East Hartford, CT 06108
860-289-7422

Email: priscillaanns@att.net

Secretary:

Robert Hoffman

25 Lovelace Drive
West Hartford, CT 06117
860-232-8417

Email: vrome@att.net

Treasurer:

Steve Livingston

501 Dzen Way
South Windsor, CT 06074
860-644-4250

Email: stevlivingston@cox.net

May 15, 2013 - Meeting - 7:00 p.m.

Speaker: - **David Underhill, MD, Cardiac Surgeon**

Topic: (TAVR) Transcatheter Aortic Valve Replacement for elderly or inoperable patients.

Refreshments: **Tony Taschner and Fran & Saul Reichlin**

June 5 - 9, 2013 - 61st National Convention

Marriott San Diego Mission Valley - San Diego, California
Pre-Registration is required. (See Page 3)

June 12, 2013 - Chapter 9 Annual Banquet - 6:30 p.m.

Location: - **Nutmeg Restaurant, 297 South Main St. (Rt 5),
East Windsor, CT [Crystal Room]**

Menu and Specifics: (See Page 5)

June 19, 2013 - Meeting - 7:00 p.m.

Speaker: - **Dr. Joseph Singh**

Topic: **High blood pressure**

July 13, 2013 - Trip to Camp Madden - 2:00 p.m.

For further information - (See Page 7)

July - August - Summer Break

“We wish you all a Happy and Healthy Summer Season!!”

September 18, 2013 - Meeting - 7:00 p.m.

Speaker: - **Dr. Neal Lippman, Electrophysiologist**

Topic: To be announced

October 16, 2013 Meeting - 7:00 p.m.

Speaker: - To Be Announced

November 20, 2013 Meeting - 7:00 p.m.

Speaker: - To Be Announced

*Aligned with the
American College of Cardiology*

President's Message



My Monthly Greetings...
to the Members, Caregivers,
and Friends of
Mended Hearts, Chapter 9
Greater Hartford, Connecticut

Memorial Day Remembrance

Several days after our April Chapter Meeting, our good friend, member and past Treasurer Janet Poitras unexpectedly passed away at home on Sunday, April 21st.

Janet had the inspiration and initiative to suggest our Chapter create a monthly donation for loose pocket change to increase our treasury. She had the vision of using a large, brightly decorated ceramic piggybank that she named "Mandy Hart", in honor of our Chapter.

Later, the Chapter voted to use this special fund to make an annual contribution to sponsor at least one child to attend during the summer, Camp Madden, Childrens Heart Summer Camp in Great Barrington, MA (www.openheartscamp.org). This year we will present our donation, to the Director, David Zaleon during our Chapter members July visit.

We will greatly miss Janet and wish for her to rest in eternal peace.

Also, we send our thoughts for Memorial Day observance to our Military, who gave their lives for our Country, those now still serving and retired. May we also remember our members, relatives and friends who are no longer with us.

Truly, It's Great to be Alive--and to help Others!

Heartfully,


John

CHAIRPERSONS - 2013-2015

Visiting Chairman - Hartford Hospital:
John Dunn 860-688-5489

Visiting Chairman - St. Francis Hospital:
Bob Hoffman 860-232-8417

Visiting Trainer - All Hospitals:
Priscilla Soucy 860-289-7422

Program Co-Chairman:
Ben Goldfarb 860-523-5761

Program Co-Chairman:
Priscilla Soucy 860-289-7422

Official Greeter:
Dolly Goldfarb 860-523-5761

Corresponding Secretary:
Carolyn Kolwicz 860-872-0296

Refreshments:
Fran Reichlin 860-232-5078

Newsletter Editor:
Priscilla Soucy 860-289-7422

Newsletter Distribution & Mailing:
John & Joan Dunn 860-688-5489

Labels / Database Maintenance:
Bob Lincoln 860-953-3807
E-Mail: pine3@comcast.net

Webmaster & Photographer:
Bob Lincoln 860-953-3807
E-Mail: pine3@comcast.net


Enjoy the Newsletter in color on our website!

<http://mendedheartsCT.org>

Here's a link to the
National Mended Hearts Website:

<http://mendedhearts.org>

Information

HOSPITAL VISITS	SURGIVERSARIES																						
<p>Surgical, Cath Lab, and A-Fib visits for Hartford Hospital and St. Francis Hospital.</p> <p style="text-align: center;"><u>2013 - MARCH</u></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 2px;">Surgical Visits</td> <td style="text-align: right; padding: 2px;">56</td> </tr> <tr> <td style="padding: 2px;">Cath Lab Visits</td> <td style="text-align: right; padding: 2px;">10</td> </tr> <tr> <td style="padding: 2px;">A-Fib</td> <td style="text-align: right; padding: 2px;">14</td> </tr> <tr> <td style="padding: 2px;">TOTAL VISITS -</td> <td style="text-align: right; padding: 2px;">80</td> </tr> </table> <p style="color: red; font-weight: bold; text-align: center;"><i>Our visitors are doing a Great Job!!!</i></p>	Surgical Visits	56	Cath Lab Visits	10	A-Fib	14	TOTAL VISITS -	80	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; padding: 5px;"><u>MAY - 2013</u></th> <th style="text-align: left; padding: 5px;"><u>YEARS</u></th> </tr> </thead> <tbody> <tr> <td style="padding: 2px;">Deborah Joly-Warcholik</td> <td style="text-align: right; padding: 2px;">37</td> </tr> <tr> <td style="padding: 2px;">Rocky Goodwin</td> <td style="text-align: right; padding: 2px;">16</td> </tr> <tr> <td style="padding: 2px;">Bennett Cohens</td> <td style="text-align: right; padding: 2px;">14</td> </tr> <tr> <td style="padding: 2px;">Edward Cowing</td> <td style="text-align: right; padding: 2px;">14</td> </tr> <tr> <td style="padding: 2px;">James Curtis, Jr.</td> <td style="text-align: right; padding: 2px;">13</td> </tr> <tr> <td style="padding: 2px;">Bill Ulrich</td> <td style="text-align: right; padding: 2px;">6</td> </tr> </tbody> </table> <p style="color: red; font-weight: bold; text-align: center;"><i>For your continued good health!!</i></p>	<u>MAY - 2013</u>	<u>YEARS</u>	Deborah Joly-Warcholik	37	Rocky Goodwin	16	Bennett Cohens	14	Edward Cowing	14	James Curtis, Jr.	13	Bill Ulrich	6
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NOTICE to VISITORS	NEW MEMBER																						
<p>When you acquire names of patients, caregivers, or others that want to receive our newsletter, please e-mail Bob Lincoln at e-mail address: pine3@comcast.net</p> <p>Bob is doing the 3-month mailing list for us and does a great job keeping them updated.</p>	<p style="text-align: center;">Joseph F. Peters- Simsbury, CT</p> <p style="color: red; font-weight: bold; text-align: center;"><i>Welcome to the Chapter!!</i></p>																						
NEW READERS	CAUTION!!!																						
<p>Newly visited patients, their caregivers, and others who have requested our newsletter will receive copies for three months. It is our way of keeping in touch with you. Hope and encouragement are offered by members who are living proof that people with heart disease can continue to lead full productive lives. We hope as you recover you will be able to attend our meetings and want to become a member, or as family members, and join us in helping others.</p>	<p style="font-size: 2em; color: blue; font-weight: bold; margin: 0;">H <i>artford Heartline</i>, written for the education and information of the members of Mended Hearts and all those concerned with heart health. It is NOT intended as a substitute for the advice of your physician. Always check with your physician or cardiologist regarding any questions you may have about your condition.</p>																						
STOP!!	“MANDY HART”																						
<p style="font-size: 2em; color: red; font-weight: bold; margin: 0;">P lease don't throw this newsletter away. When you have finished reading it, why not pass it along to others. You could drop it off in your doctor's office or give it to a friend or relative. This way more people will get the Mended Hearts message, and know who and what we are.</p>	<div style="text-align: center;">  </div> <p>Mandy Hart, our favorite piggy bank now stands at \$ \$276.44.</p> <p>All the proceeds will go towards sending one or more children to Camp Madden for a 2 week session. These funds will help parents who have difficulty in sending a son or daughter to the camp.</p> <p style="text-align: right; font-size: small;">(Photo by Bob Lincoln)</p>																						

Information

DONATIONS

Donations in memory of Joan Gervais:

Dolly & Ben Goldfarb
 AntonTaschner
 Susan & Steven Livingston
 John & Joan Dunn
 Carolyn Kolwicz
 Thomas & Judith Lyons
 Joseph Marfuggi
 David & Arlene Parmalee
 Nancy Santos
 Doris Ames
 Armand & Bonnie Morassini
 Rosalind Hoffman
 Saul & Fran Reichlin
 Marilyn Pitman
 Bristol Hospital - HIM Department
 Tumor Registrars Association of Connecticut
 Frank & Priscila Soucy

Donations in memory of Janet Poitras:

Joe & Bonnie Morassini
 Frank & Priscila Soucy

Donations received to be donated to Mandy Hart for Camp Madden:

Joan Solomson in memory of her father,
 Leo Silverton
 Murial (Mickey) Kesten honoring Martin Kesten

Donations may be made to Mended Hearts, Inc. in memory of a deceased friend, family, or member. Are you celebrating a special occasion such as a birthday, or anniversary? Chapter 9 welcomes your tax deductible contribution. All donations will be acknowledged by mail and in our monthly newsletter. Please make checks payable to:

Mended Hearts, Inc. Chapter 9
 ...and mail to:

Steve Livingston, Treasurer
 501 Dzen Way
 South Windsor, CT 06074

APRIL RAFFLE WINNER

The April 50/50 Raffle winner was:
Sue Livingston
Congratulations!!

In Memoriam

On April 21, 2013, Janet Poitras, our dedicated past Treasurer passed away.

Janet rarely missed our monthly Mended Hearts meetings or board meetings. She enjoyed participating in all our activities and it was important to her.

She came up with the idea of having Mandy Hart, our piggy-bank for all loose change at our meetings for a fund raiser. Then it was decided to have the proceeds go to Camp Madden for children. It has turned out to be very successful and she carried that piggy-bank back and forth every month to our meetings.

All of us who knew her, are feeling this sudden loss and sadness of losing her. But, she will not be forgotten.

APRIL MEETING

Our April meeting had excellent speakers. **Ms. Nayda Serrano**, Senior Telecommunicator & **Mike Bruce**, Operations Manager of Hartford Emergency Services & Telecommunications -- *TOPIC: "Have you ever called 911? Do you know how the system works?"*

They discussed 911 calls. This is the first time we have had anyone as a speaker explaining how these emergency calls are handled. Many questions were asked at the meeting.

Some of you may have called for assistance in the past, but none of us knows if we may need to call them in the future. This session could have gone on for an additional hour.



Left to Right: MH Member Wayne Johnson, Senior Telecommunicator Nayda Serrano, President John Dunn, Operations Manager Mike Bruce, and Vice-President Priscila Soucy, at the April Mended Hearts Chapter Meeting..

(Photo by Bob Lincoln)

Information

36TH ANNIVERSARY BANQUET INFORMATION

NUTMEG RESTAURANT – JUNE 12, 2013

6:30 P.M.

297 South Main Street – East Windsor, CT

Members & Guests - \$25.00

Cash Bar

MENU

Fruit cup with sorbet

Fresh Baby Greens Salad – Assorted Rolls

Vegetable of the Day - Baked Potato

ENTREES

Choice of 3 ENTREES– Choose one

Chicken Marsala – Chicken Francaise – Grilled Salmon with Herb White Wine Cream

Coffee, Decaf, Tea

DESSERT

Apple Strudel

**Please send the form below and check payable to: The Mended Hearts, Inc.-Chapter #9 and mail to:
John Dunn, 15 Strawberry Hill, Windsor, CT 06095 (Please print)**

NAME (s) _____

ADDRESS: _____

CITY _____ **STATE:** _____ **ZIP CODE:** _____

TELEPHONE: _____ **E-MAIL:** _____

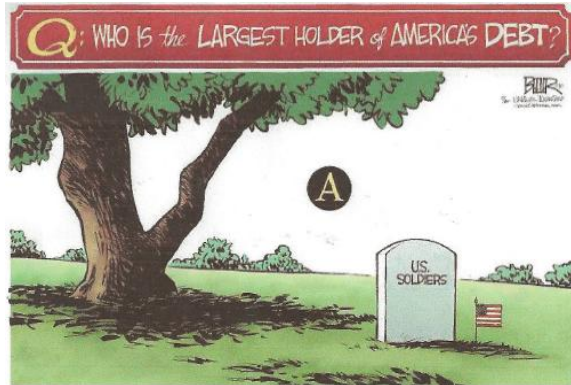
NUMBER ATTENDING _____ **x \$25.00 each (member or guests) Total** _____

PLEASE MARK YOUR MEAL CHOICE (s) Chicken Marsala _____ Chicken Francaise _____
Grilled Salmon with herb White Wine Cream _____

Door prizes: Please bring a door prize for the banquet...new items only. It doesn't matter how small the item is, it is always fun going home with something. We will draw for winners.

If you prefer, you can wrap the item. This is our one big gathering each year, so don't miss out. See you there!!!

MEMORIAL DAY



The debt we owe -



Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in our nation's service. There are many stories as to its actual beginnings, with over two dozen cities and towns laying claim to being the birthplace of Memorial Day. It's difficult to prove conclusively the origins of the day. It is likely that it had many separate beginnings.

Memorial Day was officially proclaimed on May 5, 1868 by General John Logan, national commander of the Grand Army of the Republic, in his General Order No. 11, and was first observed on May 30, 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery.

In 1915, inspired by the poem "**In Flanders Fields**," Moina Michael replied with her own poem:

*We cherish too, the poppy red
That grows on fields where valor led,
It seems to signal to the skies
That blood of heroes never dies.*

Since the late 50's on the Thursday before Memorial Day, the 1,200 soldiers of the 3rd U.S. Infantry places small American flags at each of the more than 260,000 grave-stones at Arlington National Cemetery. They then patrol 24 hours a day during the weekend to ensure that each flag remains standing.

To help re-educate and remind Americans of the true meaning of Memorial Day, the "National Moment of Remembrance" resolution was passed on December 2000 which asks that at 3 p.m. local time, for all Americans "To voluntarily and informally observe in their own way, a Moment of remembrance and respect, pausing from whatever they are doing for a moment of silence or listening to "Taps".

(Source: usmemorialday.org)

Information

61st NATIONAL ANNUAL CONVENTION

June 5-9 2013 - San Diego, California

Marriott San Diego Mission Valley

It's time to make your move! Only one month left. Check out the registration packet, planes, maps, sights, and everything you will need to make this the best trip and convention ever. The city, program, accommodations, are all in place and beckoning for your attendance.

The weather promises to co-operate and you can enjoy unlimited sightseeing and fun.

You have to attend a convention to appreciate its outstanding rewards.

Send in your registration soon and you will be thankful you did. **It's not too late!!!**

More men are finding a career in nursing

The percentage of registered nurses who are male jumped from 2.7 percent in 1970 to 9.6 percent in 2011.

The percent of licensed practical and vocational nurses who are men rose from 3.9 percent in 1970 to 8.1 percent in 2011. LPN's work under the direction of doctors and registered nurses. They are referred to as licensed vocational nurses in California and Texas.

Sociologists at the Census Bureau's Industry and Occupational Statistics Branch say a predicted shortage of nurses has led to recruiting efforts, and these efforts have included men.

The demand for long-term care and end-of-life care services is growing because of the nation's aging population, resulting in greater need for RN's and LPN's.

According to the American Nurses Association, men are drawn to the profession because the work is rewarding and versatile. The career has job security and the salaries are very competitive.

The highest percentage of men was among nurse anesthetists, 41 percent. Male nurse anesthetists earned about \$162,000 a year in 2011.

(Source: Pages)

Health & Wellness

'BIONIC EYE' works for one type of blindness

For the first time in the United States, the Food and Drug Administration has approved a bionic eye. It can be used to treat retinitis pigmentosa.

The condition often runs in families. It damages the cells in the retina, a tissue layer at the back of the eye that processes light. At first it makes vision blurry, but it progresses until the patient can't see at all.

The Argus II, made by Second Sight Medical Products, Inc., is a retinal prosthesis that doesn't restore sight completely, but it can significantly improve vision. It's already being used in Europe.

The device bypasses the damaged cells that process light. A small video camera mounted on eye-glasses captures visual information and wirelessly sends it to the implant and on to the brain, which processes it as an image.

The images are transmitted in black and white, but scientists hope that they will enable color later on.

After many years in development, the Argus II will be available at clinical centers by the end of this year. The maker is working to increase distribution. (Source: Pages)

NEW WIRELESS DEFIBRILLATOR IS APPROVED

The Food and Drug Administration recently approved a wireless implantable cardioverter defibrillator for the prevention of sudden cardiac death.

The new ICD is similar to conventional models in that it is implanted under the skin. But conventional models have a wire lead, or electrode, to the heart. It senses the heart rhythm and transfers a shock when necessary, according to Duke University.

The big difference between the two is that with the new ICD, its electrode is not implanted in the heart muscle, but is merely slipped under the skin.

The design helps to keep leads from failing because of repeated bending. And removing a faulty lead will be easier because it's not embedded in the heart. (Source: Pages)

GOOD SLEEP PROMOTES SOCIABILITY

Three studies done at the University of California, Berkeley, show that a good night's sleep enhances "prosocial" behavior. Even more important, good sleep was shown to promote feelings of gratitude toward others, which helps form and maintain close social bonds.

A poor night's sleep affects interactions with others and causes us to feel less appreciated by our partners.

The studies also show that gratitude is a vital social emotion. (Source: Pages)

JULY CHAPTER 9 TRIP TO CAMP MADDEN

MADDEN OPEN HEARTS CAMP FOR CHILDREN

**250 MOUNTAIN VALLEY RD.
GREAT BARRINGTON, MA**

SATURDAY – JULY 13, 2013 – 2:00 PM

Girls and boys, ages 8-16, who have had open heart surgery or a heart transplant, and have fully recovered from that surgery can attend the Madden Open Hearts Camp. The children attend in two week increments. We will be visiting with 11 and 12 year old children.

Come and join us for a visit with the children at camp. We will tour the facilities with David Zaleon, the Executive Director, and watch the children in action.

A fulltime registered nurse is on site at all times, dispenses all medications, and is available to provide any necessary medical care for campers 24 hours a day.

If you would like further information please call Priscilla Soucy at 860-289-7422 or call Camp Madden at 413-528-2229.

SEE YOU THERE!

A Little Bit of Trivia & Fun Stuff

Senior divorce seriously dents retirement plans

The number of divorces among people age 50 and older doubled from 1990 to 2010, creating problems for everyone involved.

The pool of money that was going to fund retirement for a couple will be split in half. And retirement will cost more for two people living in separate homes. Joe Duran, financial planner and author of *The Money Code*, says it will cost at least 50 percent more to retire for Boomers who divorce. They will have to delay retirement or reduce their lifestyles.

Some Recommendations:

- Hire a financial planner when you hire a divorce lawyer. They can work together to ease you into retirement.
- If you divorce at age 50, you could work another 20 years of more to rebuild savings and investments.
- Don't try to support your adult kids. It's usually not possible. Tell them up front that you can't pay for a big wedding or a down payment on a house.

Susan Brown, a professor of Sociology at Bowling Green University and author of *The Gray Divorce Revolution*, says that today, we have higher expectations for what constitutes a successful marriage than previous generations did, so gray divorce is probably here to stay.

(Source: Pages)

HOSPITAL VISITS FOR 2012

We visited a total of **1204** patients in 2012 at Hartford Hospital and St. Francis Hospital. That is a great achievement for our hospital visitors. They all make us proud!

We could actually double that number if we had enough visitors to cover every day visiting at our hospitals. We have many openings and if you have thought about it and would like to be one, just give us a call. We visit surgical, angioplasty, A-Fib patients, and others that are having cardiac procedures or are under observation.

We have a structured training program and it is not difficult. For more information please call Priscilla Soucy, Visiting Trainer for both hospitals 860-289-7422.

HITTING THE SALES

The mall was festive with spring sales, and the judge was in a benevolent mood as he questioned the prisoner.

"What are you charged with?" he asked.

"Shopping early," replied the defendant.

"That's no offense," replied the judge.

"How early were you doing your shopping?"

"Before the stores opened!" replied the prisoner.

(Source: Pages)

WILLIAM

A woman in a supermarket is following a grandfather and his badly behaved 3-year old grandson. It's obvious to her that he has his hands full with the child screaming for sweets in the sweet aisle, biscuits in the biscuit aisle, and more. Meanwhile, Grandad is saying in a controlled voice, "Easy, William, we won't be long. Easy, boy."

After another outburst, he says, "It's okay, William. Just a couple more minutes and we'll be out of here."

At the checkout, he says, "William we'll be home in five minutes. Stay cool."

In the parking lot, a woman says, "William is very lucky to have you as his grandpa."

"Thanks, said the grandfather, "But I'm William. The little terror's name is Kevin."

(Source: Pages)

Today is the oldest you've ever been, yet the youngest you'll ever be-- so enjoy the day while it lasts.

- Your kids are becoming you...but your grandchildren are perfect!
- Going out is good...Coming home is better!
- You forget names...But it's OK because other people forgot they knew you!!!
- The things you used to care to do, you no longer care to do, but you really do care that you don't care to do them anymore.
- You sleep better on a lounge chair with the TV blaring than in bed. It's called "pre-sleep."
- You miss the days when everything worked with just an "ON" and "OFF" switch.
- You tend to use more four letter words "what?"..."when?"...???
- Everybody whispers.
- You have three sizes of clothes in your closet...2 of which you will never wear.

(Source: Pages)



The Mended Hearts, Inc.

National Office

Phone: (888) 432 - 7899

MEMBERSHIP APPLICATION

Member Information (please print or type)

Name (Mr./Mrs./Ms) _____ Chapter 9 Member-At-Large _____

Address (line 1) _____ Phone (____) _____

Address (line 2) _____ Alt Phone (____) _____

City _____ State _____ Zip _____ DOB _____ Retired: Yes No

Email Address _____ Occupation _____

Family member (must reside at same address): Preferred Contact: Phone Email Mail

(Mr./Mrs./Ms) _____ DOB _____ Email Address _____

May we contact you regarding local chapter opportunities? Yes No

Medical Information/Demographics (Optional - No application is denied based on medical information, age or race.)

Name of Heart Patient (1) _____ Name of Heart Patient (2) _____

Date of Surgery/Treatment _____ Date of Surgery/Treatment _____

Type of Surgery/Treatment _____ Type of Surgery/Treatment _____

- Angioplasty
- MI (Heart Attack)
- Aneurysm
- CABG (Bypass)
- (how many _____)
- Cath
- Atrial Septal Defect
- Pacemaker
- Transplant
- Stent
- AFib Arrhythmia
- Other Arrhythmia
- Valve Surgery
- Valve Transcath
- ICD (Defibrillator)
- R-VAD/L-VAD
- Other _____

- Angioplasty
- MI (heart attack)
- Aneurysm
- CABG (Bypass)
- (how many _____)
- Cath
- Atrial Septal Defect
- Pacemaker
- Transplant
- Stent
- AFib Arrhythmia
- Other Arrhythmia
- Valve Surgery
- Valve Transcath
- ICD (Defib)
- R-VAD/L-VAD
- Other _____

Many chapter newsletters include surgery/treatment anniversaries of members. Please indicate here if you are agreeable to having your name published in this way.

Yes No
Signature _____

Many chapter newsletters include surgery/treatment anniversaries of members. Please indicate here if you are agreeable to having your name published in this way.

Yes No
Signature _____

National Membership Dues: Includes subscription to *HEARTBEAT* and one insignia pin for an individual or two pins for a family membership (must reside in same household). Select type of membership and include chapter dues (unless you wish to become a member-at-large).

National dues are tax deductible less \$10.00; Chapter and Lifetime Dues are 100% tax deductible.

National Dues Within United States

- Individual - Dues \$17.00
- Family - Dues \$24.00
- Life - Individual Dues \$150.00
- Life - Family Dues \$210.00

Chapter Dues

- Individual - Yearly Dues \$5.00
- Family - [No chapter 1st Year Dues] \$0.00 \$5.00 Renewal
- Life - Individual Dues \$40.00
- Life - Family Dues \$50.00

Dues Summary:

National Dues \$ _____
Chapter Dues \$ _____
TOTAL \$ _____

I am Joining as a non-heart patient:

- Physician _____
- Health Admin Other Health Party Other Interested Party

I am not prepared to join. Enclosed is a contribution of \$ _____ to

(Chapter Treasurer - send both Chapter & National dues to National Office.)

National or Chapter 9

Applicant - Send one check with application to local Chapter Treasurer -----

Or if joining as Members-At-Large, send to:

The Mended Hearts, Inc.
National Office
8150 N. Central Expwy, M2248
Dallas, TX 75206

Make checks payable to:

Mended Hearts, Inc. - Chapter 9
Mail to: **Steve Livingston, Treasurer**
501 Dzen Way
South Windsor, CT 06074

Please retain a copy for chapter records.



TO:

PRISCILLA SOUCY
98 HIGHVIEW STREET
EAST HARTFORD, CT 06108

THE MENDED HEARTS, INC.
FOUNDED 1951 - INCORPORATED 1955
GREATER HARTFORD -- CHAPTER 9



First
Class
Postage

THANKS TO HARTFORD HOSPITAL FOR THE MAILING OF THIS NEWSLETTER

OBJECTIVES OF MENDED HEARTS, INC.

THE PURPOSE OF THIS ORGANIZATION IS TO OFFER HOPE, SUPPORT, AND ENCOURAGEMENT TO HEART DISEASE PATIENTS AND THEIR FAMILIES AND TO ACHIEVE THIS OBJECTIVE IN THE FOLLOWING MANNER:

- A. To visit, with physician approval, and to offer hope, encouragement and support to heart disease patients and their families.
- B. To distribute information of specific educational value to members of Mended Hearts, Inc. and to heart disease patients and their families.
- C. To establish and maintain a program of assistance to physicians, nurses, medical professionals, and health care organizations in their work with heart disease patients and their families.
- D. To cooperate with other organizations in education and research activities pertaining to heart disease.
- E. To establish and assist established heart disease rehabilitation programs for members and their families.
- F. To plan and conduct suitable programs of social and educational interest for members and for heart patients and their families.

THANKS TO ST. FRANCIS HOSPITAL FOR THE PRINTING OF THIS NEWSLETTER